



Baltic seaside 100 km Cup

INVITATION

Dear participants of Nida Ultramarathon and organizers,
I am glad to invite You again to visit the legendary Curonian Spit, which will give You indelible and extraordinary impressions. The 5th Nida Ultramarathon already became an inherent part of summer events in Nida.

The Curonian Spit, which is famous for its gold sand beaches, traveling dunes, values of nature and culture heritage and exclusive way of living, waits for Ultramarathon participants and hopes to see them coming back. Only here You will have an opportunity to break away from Your contenders and the exclusive nature will let to break away from daily routine and city noise.

See You in Neringa!

Mayor of Neringa municipality, Vigantas Giedraitis



Dear lovers of unusual challenges!

On the 11th January the registration to the 5th Ultramarathon in Nida will begin. Everyone, who will overcome the distance of 100 km., will be traditionally awarded with special medals. Everyone, who will register and will arrive to pick up their start number, will be given with special Adidas t-shirt and will be invited to Pasta party in Chili pizza restaurant on the evening before the competition. During the party You will have an opportunity not only to fill Your stocks of carbohydrates, but also to interact with contenders, share experience and to discuss competition plans.

Everyone, who will arrive to support You in the race will have no chance to get bored. On the 29th May (Sunday) they will be able to try their strength in special beach competitions, which will be held for the second time. Those, who are more prepared, will have a chance to compete in 5 km. run and everyone else will be free to compete running 100 meters and 4x100 relay.

See You in Nida on 27th-29th May! We hope, that this year Your cohorts will be heavier and we promise, that the competition will be more impressive!

Organizers



Contacts

www.baltic100km.lt

info@vilniausmaratonas.lt